



MODENA

GREEN OAKS

BY SOLERA SENIOR LIVING



Modena Green Oaks

Warm. Welcoming. *Extraordinary.*

Refined senior living that rewards you at every turn:
Modena Green Oaks is a relaxed blend of personal choice, five-star
service, and everyday sophistication in the heart of Lake Bluff, Illinois.



Why Modena Green Oaks?

Keep doing what you love; be inspired to explore your curiosity even more in a community as beautiful inside as are its natural surroundings. Modena Green Oaks makes it easy by paying attention to the details you care about, with incomparable service. Thoughtfully executed, best-in-class dining. Topnotch amenities. A smart location near the I-294 corridor close to prime shopping, dining, and business. Featuring options for Independent Living, Assisted Living, and Memory Care, as well as an Adult Day Program, Modena Green Oaks in Lake Bluff, Illinois, is centered on everything that matters to you. Welcome home!

What makes Modena Green Oaks different?

A holistic lifestyle emphasizing hospitality: at Modena Green Oaks, healthy aging takes center stage. Dynamic programs, social activities, entertainment, and more provide countless opportunities for staying active. Residents also benefit from advanced health and wellness monitoring technology and easy access to Northwestern Medicine Rehabilitation. In addition, Endeavor Health in Highland Park and Captain James A. Lovell Federal Health Care Center are nearby, as well as the headquarters for Abbott Laboratories, further bolstering the area's robust healthcare system. Picturesque, elevated grounds featuring three ponds and areas for reflection soothe and refresh. The Naval Station Great Lakes, Lake Forest Beach, and Independence Grove Forest Reserve are within easy reach, as are other regional resources and attractions. Perhaps most important is the warmth you feel from those around you. At Modena Green Oaks, you are valued; you are cared for; you are home.



About Solera Senior Living

Solera Senior Living has a singular focus: to develop, own, and operate communities that will inspire a better quality of life for seniors. With personalized service, engaging programs, and best-in-class amenities, Solera's innovative approach elevates the entire senior living experience.

Drawn from two countries steeped in culture, Solera and Modena are inspired by the combination of rich history and modern elegance of Spain and Italy. With the name Solera coming from the Spanish wine making process, and Modena from the Italian city known for its balsamic vinegar and opera, these brands bring a sophisticated ambience to Kensington.

Founded in 2016 and based in Denver, CO, Solera Senior Living's core pillars include attracting, developing, and engaging high caliber talent, consistently delivering exceptional hospitality services, creating enriching resident programs, utilizing smart technologies, delivering high quality resident care, and designing elegant environments that are hyper-local and experiential.

More engaged team. More satisfied residents.

Our approach is simple: give our residents the respect, dignity, independence and quality of life that they deserve. This benefits not only the residents and their families but has a meaningful impact on our team as well. They don't look at working at Modena Green Oaks as a job—they look at it as a calling.





Dining/Hospitality

BUILT ON GOOD TASTE

Tantalizing aromas and enticing selections that wow the most discriminating palate—if variety is the spice of life, dining at Modena Green Oaks is simply irresistible. Our exceptional culinary team takes pride in freshly prepared, gourmet selections, as well as seasonal favorites, served restaurant-style in each of our lovely dining rooms.

Rotating menus and themed dinners delight the senses, while a more casual experience is yours in the lively Pub.

Whether a special occasion, holiday celebration, or a special evening out, Modena Green Oaks offers a culinary experience on par with a fine hotel.

Senior Living Elevated

We don't consider ourselves to be a senior living company that differentiates on hospitality. Rather, we're a hospitality company that provides exceptional services for seniors. You'll find everything is done above and beyond your expectations.



Services/Amenities

Modena Green Oaks features the highest level of customized premium services and amenities for Independent Living, Assisted Living, Memory Care, and the Adult Day Program in Lake Bluff.

- **Exceptional Dining**—Indulge in homemade, seasonal, gourmet cuisine prepared by our Executive Chef in each of our three inviting dining rooms.
- **Rockland's Pub**—Enjoy your favorite libation and tasty bites in a lively atmosphere.
- **Tranquil Natural Setting**—Stroll scenic elevated grounds featuring three ponds, charming patios, and lovely wooded areas.
- **Beauty Salon/Barber Shop**—Drop by for a new style or a touch-up.
- **Library**—Spend the afternoon with your favorite author.
- **Entertainment Room**—Gather with fellow residents, friends, and family for entertainment and presentations.
- **Creative Studio**—Tap into your inner talents as you explore arts and crafts.
- **Club Room**—Challenge your neighbor to a friendly card game or try something new.
- **Be Fit Studio**—Stay active and strong with state-of-the-art senior-friendly fitness equipment.
- **Advanced Health and Wellness Monitoring Technology** for greater peace of mind.
- **Transportation**—Enjoy local shopping, entertainment and cultural attractions courtesy of our complimentary transportation services. Ride in style while acting socially responsible.
- **Concierge Services**—Receive assistance scheduling appointments or booking specialized services.
- **Weekly Housekeeping and Laundry**—Our dedicated staff is here to serve you so that you don't need to worry about cleaning your apartment or washing linens.
- **Valet Parking** for the convenience of residents.
- **Outpatient Physical, Occupational, and Speech Therapy**





INDEPENDENT LIVING



What you have been waiting for.

You've made it: that place in life where all the best is waiting. Good friends. Exciting opportunities to uncover hidden talents. Inspiration to dream bigger. Independent Living at Modena Green Oaks paves the way, rewarding you with meticulous service, impressive amenities, and a beautiful setting for daily relaxation.

Free from daily concerns, you can take a class, learn to paint, invite a friend over for lunch, visit the nearby Great Lakes Naval Museum, or just really relax in your well-appointed apartment. You are right where you want to be. And it feels wonderful.

Life Enrichment Programs

- Continuing Education
- Intergenerational Programming
- Fitness Classes
- Spiritual Programming
- Guest Lecture Series
- Card Games
- Live Entertainment
- Outings to Cultural Events
- Art Classes
- Cooking Demos
- Wine Tastings





ASSISTED LIVING



Explore. Engage. *Thrive.*

Warm and welcoming, Assisted Living at Modena Green Oaks balances independence with just the right amount of support, freeing you to focus on what matters most—living confidently on your own terms. Join a group outing, perfect your bridge game, enjoy the peaceful, natural setting, or take it easy in your charming, light-filled apartment.

Just knowing a helping hand with activities of daily living is nearby can open your world as never before. And with no daily list of chores in your way, you are free to set a new tone for your amazing life.

Life Enrichment Programs

Staying engaged and involved is easy when you have access to so many top-shelf amenities and interesting activities that stimulate the mind, body, and spirit.

- **Continuing Education**
- **Intergenerational Programming**
- **Fitness Classes**
- **Spiritual Programming**
- **Guest Lecture Series**
- **Card Games**
- **Life Entertainment**
- **Outings to Cultural Events**
- **Art Classes**
- **Cooking Demos**
- **Wine Tastings**

Resident Care

We fully recognize that our people are our strongest asset. That's why we are passionate about identifying and retaining team members that are genuinely caring, customer-service oriented, and dedicated to excellence. At Modena Green Oaks, our Caregivers, Certified Nursing Assistants and Medication Technicians are supported 24/7 by on-site licensed nurses. Our goal is always to help you maintain the highest possible level of independence.



MEMORY CARE



Experiences that feel familiar.

Learning each individual's likes and dislikes, their favorite hobbies, and in which part of the day they function best—essential in developing a personalized care plan for those affected by Alzheimer's disease and dementia—is what drives Memory Care at Modena Green Oaks. Our highly trained care team members develop deep friendships with residents and never forget to meet each of them with dignity, respect, and compassion.

In the **Rejuv neighborhood**, early-stage residents who are independent, social, and with higher cognitive levels receive support in a safe and stimulating environment. Our **Aspyre neighborhood** serves those further in their journey who may have lost the ability to communicate their needs or may need more one-on-one assistance from our care team.

Comfort and safety are paramount. Both the Rejuv and Aspyre neighborhoods are specially designed with easy-to-navigate areas, visual cuing, and calm, relaxing colors. Residents enjoy a private apartment.

Life Enrichment

Memory Care residents have numerous opportunities for engagement and involvement, including special events and activities planned around their abilities, as well as their preferences. Here's just a sample:

- **Scenic Tours**
- **Art Classes**
- **Laughter Yoga**
- **Daily Journaling**
- **Volunteer Projects**
- **Engaging Music Therapy**
- **Daily Board Games**
- **Wellness & Balance Classes**
- **Cognitive Engagement Activities**
- **Sensory-Driven Cooking Activities**
- **Interactive Pet Therapy**
- **Hydration and Nutrition**

Resident Care

The care team for both the Rejuv neighborhood and the Aspyre neighborhood at Modena Green Oaks is made up of Caregivers, Certified Nursing Assistants and Medication Technicians supported 24/7 by on-site licensed nurses. All team members are trained in dementia which creates a highly specialized environment for residents with Alzheimer's. Each team member is deeply dedicated to enriching the lives of residents.

The Retreat

We believe everyone deserves to live as meaningful a life as possible. And we are committed to providing those with declining cognitive abilities opportunities to engage, feel successful, and rejuvenate their spirit. It's the inspiration behind what we call The Retreat a month-long brain health engagement program offering your loved one the ability to participate in half-day or full-day sessions with others facing the same challenges.

Independent living and assisted living residents, as well as those residing outside our senior living community, may take part in The Retreat. Upon conclusion, each participant has the option to become a resident of the community (subject to availability).



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